

## Thinking in Class

In karate class, the teacher is in charge and needs your attention so he can lead you through the exercises and give you instruction. However, you are still responsible for yourself. Showing up for class is not enough. Think about what you are doing and use this opportunity to present questions to the instructor.

Listen to the corrections given in class, whether they are given directly to you as an individual or directed to the whole class. A smart student learns from other's mistakes as well as from his own. If you Esteem to the instruction and corrections and apply them to your performance you will learn. Most corrections will be given to the class in general. If a student is having difficulty, individual attention may be given after class.

Have fun in class. Karate takes concentration and effort to learn, but the learning can be fun. At Casa de Karate, we do have just for fun classes, where we concentrate on our coordination, control and techniques. We want you to enjoy what you are doing. You are more likely to enjoy what you are doing if you can see yourself progress. To do this, you must come to class regularly, concentrate on what you are doing and practice.