

CASA DE KARATE

Tae Kwon Do

Congratulations and welcome!

You've just taken the first big step in your karate career, by joining us here at Casa de Karate.

This handbook is designed to help answer some questions you may have and to give you some guidance regarding what you may encounter in classes, promotion exams and tournaments. We want to help you get the most from your experience at Casa de Karate. If you have any questions, please ask. We are here to help you learn.

Take advantage of our class schedule and come to at least two classes per week. To enjoy the many possible benefits martial arts have to offer, you must attend class regularly and apply yourself in class. If you do this much, we can teach you the practical skill and art of karate and help you get into and stay in good physical condition.

The bulletin boards and posters are for your benefit. Announcements of upcoming tournaments, promotion exams, parties and other events, which may be of interest to you, will be posted. Please read the boards at least once a week. Whenever classes will be canceled due to holidays or exhibitions we will post these notices at least one week in advance. Students will be reminded of schedule changes in class, however, it is your responsibility to read the notices posted. In the event of snow days and school cancellations, there will be no classes offered. If you are uncertain as to whether there will be class, please call Diamond Gym at 607-739-5686.

Once again, welcome to Casa de Karate.