

## FOURTH KYU

NAME \_\_\_\_\_ DATE \_\_\_\_\_  
 LAST TESTING DATE \_\_\_\_\_ AGE \_\_\_\_\_  
 ETIQUETTE \_\_\_\_\_

		SCORE
<b>FRONT STANCE</b>	CIRCLE BLOCK PUNCH	
	ASC ELBOW STRIKE	
	LO/HI BLOCK REV P	
<b>BACK STANCE</b>	LWDBLARMBL	
	LUNGE PUNCH	
	STICK BLOCK	
	DBL KNIFHAND B/	
	REVERSE PUNCH	
<b>CAT STANCE</b>	SNAP K/SPEAR FINGER	
<b>FRONT KICKING</b>	INSIDE CRESCENT KICK	
	OUTSIDE CRESCENT KICK	
	SNAPKICK AXE KICK	
<b>FIGHTING STANCE</b>	SIDE KICK REAR LEG	
	DBL SPIN BACK KICK	
	SPIN CRESCENT	
	REAR LEG ROUNDHOUSE	
	BACK FIST/SIDE KICK	
	OPT KICKING ATTACK	
<b>KATA</b>	KYE CHO HYUNG IL BOO	
	CHUN-GI	
	TANGUN	
	TOSAN	
	WONHYO	
	YUL-KOK	
<b>DRILLS</b>	CHUNG GUN	
	FOCUS-BACKFIST/REV P/RNDHOUSE	
	PWR-SP BACK K	
	B-L 3 STEP CNTR	
	BREAK FALL 3	
<b>SELF DEFENSE</b>	TAKE DOWN 3	
	REAR TACKLE	
	GROUND ATTACK	
	BLANKET	
	SIDE	
	FACE UP	
<b>SPARRING 2-2 MINUTE</b>	OPT ATT	
	OPT ATT	

QUESTIONS

COMMENTS

INSTRUCTOR NAME \_\_\_\_\_