

Brown Belt - Third Kyu Testing Sheet

Name _____ **Date** _____ **Points** _____

Etiquette

Basics

Front Stance Techniques	
Back Stance Techniques	
Cat Stance Techniques	
Optional Hand	

Front Kicking Techniques	
Fighting Stance	
Optional Kicking	

Kata

Kye Cho Hyung III Boo	
Chungi	
Tangun	
Tosan	
Won Hyo	
Yul Kok	
Gung Gun	
Toi Gei	
Hwarang	

Drills

Focus Drills	
Spin Crescent	
Optional	
Power	
Spin Wheel	
Optional	
Freestyle Circle	
Self Defense	
Optional Board Breaking	
Sparring	
Oral Questions	
TOTAL SCORE	

Scoring: Each technique is worth a maximum of 4 points. A minimum of 60 points to pass.

COMMENTS ON BACK

Testers Name _____

Pass/Fail