

### 10TH KYU TEST

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_  
**Last Testing Date** \_\_\_\_\_ **Age** \_\_\_\_\_  
**Gi Tied Correctly** \_\_\_\_\_  
**Etiquette** \_\_\_\_\_

	SCORE
<b>Horse Stance</b>	[ ]
Middle Punch	[ ]
Low Punch	[ ]
High Punch	[ ]

<b>Front Stance</b>	[ ]
Low Block	[ ]
High Block	[ ]
Reverse Punch	[ ]

<b>Back Stance</b>	[ ]
Inside Block	[ ]
Backfist Strike	[ ]

<b>Cat Stance</b>	[ ]
Low Block	[ ]

<b>Front Kicking Position</b>	[ ]
Front Straight Kick	[ ]
Front Snap Kick	[ ]
Front Thrust Kick	[ ]

<b>Side Kicking Position</b>	[ ]
Side Thrust Kick (LL)	[ ]

<b>Break Fall</b> (at least one)	[ ]
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<b>Form One</b>	[ ]
<b>Form Two</b>	[ ]
<b>Self Defense</b>	[ ]
Arm Grab	[ ]
<b>Elbow Blitz</b>	[ ]
<b>Questions</b>	[ ]
<b>Comments</b>	[ ]

	PASS/FAIL	SCORE	[ ]
<b>Instructor Name</b>			